## **Copy Machine Stretches**

## (or Waiting-for-the-Printer Stretches)

Here is a chance to stretch while you're waiting around. It's a bonus — it doesn't take any extra time!

- Stretch while you wait for the copies.
- Do any of the stretches in this book while making copies. Be inventive!
- Copy this page on the copy machine (!) and put it on the wall by the copy machine.





